



MCIS Junior is an online system of career development and activities that sets students on the road to planning for high school, college, and work. It allows individuals to learn more about themselves using three basic questions...

Who am I?

Learn about me

- ✓ Things I like to do
- ✓ Qualities for success
- ✓ Important life events
- ✓ What are skills?
- ✓ My accomplishments
- ✓ *Career Cluster Inventory*

Explore my community

- ✓ My community
- ✓ My ideal community
- ✓ Job shadow

Focus on my school and activities

- ✓ Getting to know my school
- ✓ Should I join?
- ✓ Activities and achievements

Think about my network

Where am I going?

Career cluster activities

- ✓ Career cluster mobiles
- ✓ What's my cluster?
- ✓ Career cluster posters
- ✓ *Career Cluster Inventory*
- ✓ My favorite cluster

Occupation activities

- ✓ Occupations scavenger hunt
- ✓ Bobilator
- ✓ If I became...
- ✓ Job shadow
- ✓ Occupation index

Learn about the workplace

- ✓ What are working conditions?
- ✓ Why do people work?
- ✓ What rewards do I want from work?

Reality Check

Make decisions

- ✓ How do I make decisions?
- ✓ What book do I pick to read?

Make plans

- ✓ Learn a new skill
- ✓ Make a change

Make a career action plan

- ✓ What do I want to be when I grow up?
- ✓ My career action plan

How do I get there?

Develop employability skills

- ✓ Working together
- ✓ Are you listening?
- ✓ Listening skills on the job
- ✓ Being dependable
- ✓ Using my time for success
- ✓ Planning my time for success
- ✓ Job success scale
- ✓ Free job training
- ✓ Getting fired at work and school
- ✓ Classroom performance reviews

Become a volunteer

- ✓ Where are you going to volunteer?
- ✓ Volunteer wisely
- ✓ Select or plan a volunteer activity
- ✓ Volunteer resume
- ✓ Set up a volunteer activity
- ✓ Thank your volunteer coordinator
- ✓ My volunteer activities
- ✓ Reflect on your volunteer activity

Think about life After High School

- ✓ Pay for your education
- ✓ Apprenticeship
- ✓ College and career schools
- ✓ Military service

Plan for High School

- ✓ Words for high school
- ✓ High school graduation requirements
- ✓ College admission requirements
- ✓ Electives
- ✓ Activities
- ✓ My high school course plan

My MCIS Junior
Access Information

<http://careers.mt.gov>

User Name _____

Password _____